



Volvo Noble Marine RS700 & RS800 National Championships 2020

The Organising Authority is the Weymouth and Portland National Sailing Academy (WPNSA) in conjunction with the UK RS Class Association

SAILING INSTRUCTIONS

The notation [DP] in a rule in the SIs means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The prescriptions of the RYA will apply.
- 1.3 The Rules of the RS700 and RS800 Classes will apply.
- 1.4 The racing rules will be changed as follows.
RRS 31 is changed so that marks other than starting and finishing marks may be touched without penalty.
RRS 40 changed so that Personal Floatation Devices shall be worn at all times while afloat except when changing or adjusting clothing or personal equipment.
RRS 44.1 is changed so that the two-turns penalty is replaced by the one-turn penalty.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located at <https://www.wpnsa.org.uk/events/rs700-rs800-national-championships-2020>.
- 2.2 Competitors may contact the Race Office by emailing race.office@wpnsa.org.uk.

3 CHANGES TO SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted at least one hour before the advertised start time of the race or races concerned; except that any change to the schedule of races shall be posted by 19:00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flag poles at the end of the building.
- 4.2 When flag AP is displayed ashore '1 minute', is replaced with 'not less than 30 minutes' when racing is in Portland Harbour and 'not less than 60 minutes' when racing in Weymouth Bay in the race signal AP.
- 4.3 Flag D with one sound means the warning signal will be made not less than 30 minutes after flag D is displayed if racing in Portland Harbour and not less than 60 minutes if racing is in Weymouth Bay. Boats shall not leave the slipway until this signal is made. [DP]
- 4.4 Flag P displayed indicates racing will be in Portland harbour. Flag W displayed indicates racing will be in Weymouth Bay.

5 SCHEDULE OF RACES

- 5.1 A competitor briefing will be posted online and available from 18:00 on Friday 11th September 2020. Questions may be submitted to the race committee up to 20:00 on Friday 11th September. The questions and answer will be posted on the Official Notice Board on Saturday morning.
- 5.2 Registration and crew weighing will be held in the marquee on Friday 11th September from 17:00 to 18:00 and Saturday 12th September from 09:00 – 11:00.
- 5.3 Schedule:

Day	Date	Number of Races	First Warning Signal
Saturday	12 th Sep	Two	13:25
Sunday	13 th Sep	Three	11:25
Monday	14 th Sep	Three	11:25
Tuesday	15 th Sep	Two	11:25

- 5.4 The regatta will consist of up to 10 races. The intention is that there will be no more than three races a day. However, additional races may be sailed either in advance or arears in order to complete the programme if weather or other reasons dictate. To indicate the intention of sailing an additional race, the committee boat will display Flag F before finishing the last scheduled race of the day.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.
- 5.7 On the last day scheduled day of racing no warning signal will be made after 15:00.

6 CLASS FLAGS

RS700 Grey flag with black RS700, or numeral pennant 7
RS800 White flag with black RS800, or numeral pennant 8

7 RACING AREA

The racing area will be in Portland Harbour or Weymouth Bay.

8 THE COURSES

- 8.1 The diagram in Appendix A shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal vessel will display the number of laps to be sailed for the race.
- 8.3 No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.
- 8.4 If a gate is replaced by a single mark, it is to be left to port.

9 MARKS

- 9.1 Marks 1, 2, 3s, 3p, 4s and 4p will be a 1.6m blue cylindrical buoys with a black band.
- 9.2 The spreader mark will be a small orange dumpy buoy.
- 9.2 The starting mark will be either an official boat with a staff displaying an orange flag or a dan buoy displaying an orange flag.
- 9.3 The finishing mark will be either an official boat with a staff displaying a blue flag or a dan buoy displaying a blue flag.

10 AREAS THAT ARE OBSTRUCTIONS [DP]

- 10.1 Boats shall keep more than 100 metres away from vessels over 100 metres in length, vessels at anchor or vessels displaying Flag A (indicating divers in the water). These areas are obstructions as defined in the Rules.
- 10.2 The attention of all competitors, race management personnel and spectators afloat are drawn to the fact that Portland Harbour is a working port and that harbour regulations must be observed. Any directions given by Portland Harbour Authority either in person or by VHF (CH 74) must be complied with without delay. Failure to comply with this instruction may result in a penalty.
- 10.3 Boats will not transit at any time through the RNSA moorings, which are to the left of the Marina exit as leaving the Marina.

11 THE START

- 11.1 The starting line will be between a staff displaying an orange flag on the committee boat and the starting mark.
- 11.2 A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 & A5.
- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]

12 CHANGE OF NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark (or finishing line) to a new position.

13 SHORTENING THE COURSE

13.1 For Windward/leeward Course

For courses that are shortened at the leeward mark when the committee boat is in its normal position and flying flag S (alongside the class flag if more than one fleet is on the course), the leading boat shall round the leeward mark on its required side and proceed to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should proceed to the finish line in the same way. When the leeward mark is a gate boats are not required to pass through the gate but to leave the mark nearest the committee boat on the required side before proceeding to the finish. This changes RRS 32.2.

13.2 For Trapezoid or Square Course

For courses that are shortened at the leeward mark on the inner loop, boats should follow SI 13.1 above. For courses that are shortened at the leeward mark of the outer loop, the shortened course will be indicated by a signal boat stationed near the mark flying flag S (alongside or above the class flag if there are more than one fleet on the outer loop) and making repeated sound signals. The leading boat shall round the leeward mark on its required side and then proceed to the normal finish line. When the leeward mark is a gate boats are not required to pass through the gate but to leave the mark nearest the committee boat on the required side before proceeding to the finish. If the outer distance mark of the start line is a mark of the course for each lap or final lap then it should be left to port on the way to the normal finish line. The leeward mark or leeward gate of the inner loop should be left to port on the way to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should finish as described above. This changes RRS 32.2.

13.3 For Both Windward/Leeward and Trapezoid Courses

At any other mark of the course the race may be shortened in accordance with RRS32.2. All competitors shall complete the number of rounds equal to the leading boat before proceeding to the finish.

14 THE FINISH

- 14.1 The finish line will be between a staff displaying a blue flag on the committee boat and the finishing mark.
- 14.2 The race committee may score boats based on their relative positions at a mark of the course or on a leg of the course as follows:
- 14.2.1 When an official boat displays flag W with two sounds, boats still racing may be scored as their observed position on the race course.
- 14.2.2 When a boat is scored in accordance with this instruction, she shall be given a score for a place after all boats that have sailed the course and finished. This changes RRS A4 and A5.

15 PENALTY SYSTEM

- 15.1 RRS 44.1 is changed so that the two-turns penalty is replaced by the one-turn penalty.
- 15.3 RRS 31 is changed so that marks other than starting and finishing marks may be touched without penalty.

16 TIME LIMITS

- 16.1 The time limits and target times are as follows:

Time limit	Mark 1 time limit	Target time
60 minutes	15 minutes	35 minutes

- 16.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 16.3 Boats failing to finish within 20 minutes after the first boat in any fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 16.2 In addition to the procedure for shortening course in RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her, from a committee vessel (which may be in motion), flag W with one sound signal. A boat so notified is no longer required to sail the course (changing RRS 28.1), shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this Sailing Instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms are online at <https://www.wpsa.org.uk/protest-form>. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit using the online form available.
- 17.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day if racing is in Portland Harbour and 90 minutes after the last boat has finished the last race of the day if racing is in Weymouth Bay or 30 minutes after flag AP over A is displayed ashore.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings may be held online, and details will be communicated to the parties involved.
- 17.4 Notices of protests by the race committee, will be posted to inform boats under RRS 61.1(b).
- 17.5 Breaches of SIs 11.3, 19, 23, 24, 25 and 26 will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 17.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

18 SCORING SYSTEM

- 18.1 Two races are required to be completed to constitute a series.
- 18.2 (a) When fewer than four races have been completed, a boat's series score will be the total of her race scores.
- (b) When from four to seven races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When eight or more races have been completed, a boat's score will be the total of her race scores excluding her two worst scores.
- 18.3 A competitor may submit a request to review a boat's score online at <https://www.wpnsa.org.uk/request-for-a-review-of-a-boats-score>.

19 SAFETY REGULATIONS

- 19.1 Competitors shall wear personal buoyancy at all times whilst afloat, except briefly while adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS 40 and Race Signals. [DP]
- 19.2 A safety tally system will be in operation.
- 19.2.1 The tally control point will be by the marquee.
- 19.2.2 A Competitor's tally will be their championship number. Numbers will be allocated and emailed to all competitors ahead of the event.
- 19.2.3 Competitors' shall individually check-out before racing by personally going to the tally control point and giving their championship number to advise they are going racing.
- 19.2.4 Competitors' shall individually check-in immediately on returning to shore by personally going to the tally control point and giving their championship number to advise they are ashore. This must be done no later than 10 minutes after the last boat has come ashore.
- 19.2.5 The penalty for failing to tally-out or tally-in as instructed above will be five points added to the boat's series score for each offence. This changes RRS 63.1 and A5.
- 19.3 A boat that retires from a race shall notify an official boat as soon as possible. A declaration form is available online at <https://www.wpnsa.org.uk/retirement-declaration> which shall be completed by competitors when ashore.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 Substitution of competitors will not be allowed without prior written approval of the race committee. Requests should be made online at <https://www.wpnsa.org.uk/request-for-a-change-of-crew>.
- 20.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests shall be made at the first reasonable opportunity online at <https://www.wpnsa.org.uk/request-for-a-change-of-equipment>.

21 SAIL NUMBERS

Under exceptional circumstances, the race committee may permit a boat to use sails carrying a sail number other than that required by RRS 77 and RRS Appendix G. Such permission is only valid if sought in writing before use by completing the online form <https://www.wpnsa.org.uk/request-for-a-change-of-equipment>.

22 EQUIPMENT AND MEASUREMENT CHECKS

- 22.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.
- 22.2 When Class Association-approved scales are provided at the event, competitors in classes with performance equalisation shall be measured in accordance with the Class Rules before racing in the event but not more than 24 hours before the first scheduled start. The measurements and the corresponding rack and corrector weight settings shall be recorded on the form provided, available to view by all competitors, and will apply for the duration of the event. If a helm or crew is substituted during the event, the new sailor will be measured before racing and the boat's rack and corrector weight settings adjusted and recorded to suit.

23 ADVERTISING

- 23.1 When provided by the organising authority, competitors shall make every reasonable effort to display event sponsors promotional items on their boat and sails as directed. If sponsor promotional items come off whilst racing, competitors must obtain replacement items from the OA before the start of racing the following day, if the Association has sufficient stocks available. [DP]
- 23.2 Any individual caught stealing sponsor promotional items, e.g. flags, banners, prizes, etc. shall be the subject of a report by the Race Committee to the Protest Committee requesting action under RRS 69.2(a).
- 23.3 Each boat is to display two Volvo sticker one either side of the bow. The correct Volvo stickers are of the word "Volvo" in black capital letters. Competitors who do not have such stickers will be able to collect a new pair at weigh in on Saturday morning

24 SUPPORT BOATS [DP]

- 24.1 All support boats shall register online at <https://www.wpnas.org.uk/temporary-membership-form> stating they are a support boat for this event. Once the form is received, they will be called by WPNAS Reception to pay the support boat fee of £5 per boat per day.
- 24.2 Support boats, team leaders, coaches and other support personnel shall stay at least 150m outside the race area from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 24.3 Personal equipment such as food bags, drinks, spare parts and extra clothing will not be stored on any official boat for the duration of the event. Competitors should ensure that they carry sufficient food and water on their own boat.

25 TRASH DISPOSAL [DP]

Sailors shall not put any rubbish in the sea. Sailors must store any rubbish to take ashore and put in the appropriate bins.

26 RADIO COMMUNICATIONS [DP]

- 26.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that is not available to all boats.
- 26.2 Competitors should note that it is anticipated that all communication for this event will be online and that the WPNAS WIFI system may not be accessible. Competitors' are advised that they may wish to have a device which can connect to the internet via an alternative means.

27 PRIZES

The prizes are allocated as follows:

RS700:

1st-5th

Silver 1st

1st Master

Fidelis Trophy

Apprentice Trophy

RS800:

1st-6th helm and crew

Silver 1st helm and crew

1st Lady helm

1st Lady crew

1st Master helm

1st Master crew

1st Youth helm

1st Youth crew

Endeavour helm and crew

RS800 Spinlock 1999 Award

28 RISK STATEMENT

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone"

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk.

By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any competitors' briefing held for the event.

29 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

30 COVID STATEMENT

By taking part in any of the events covered by these Sailing Instructions, each competitor agrees and acknowledges that they are responsible for complying with any regulations and guidelines in force from time to time in respect of COVID-19 and for complying with the WPNSA/Organising Authority COVID-19 procedures.

31 PRIVACY STATEMENT

The personal information you provide to the Organising Authority will be used to facilitate your participation in the event. If you have agreed to be bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. If you are not bound by the rules, the legal basis for processing that personal information is legitimate interest. Your personal information will be stored and used in accordance with the Organising Authority's privacy policy. When required by the rules, personal information may be shared with the RYA and/or World Sailing. The results of the event and the outcome of any hearing or appeal may be published.

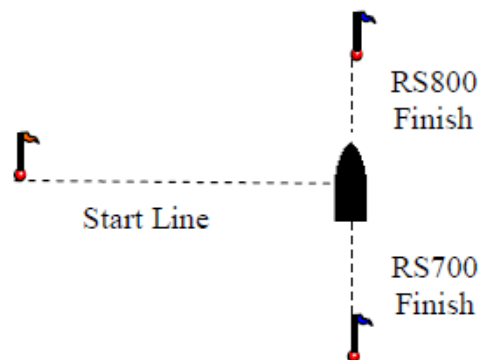
Appendix A – The Course

RS700	MARK ROUNDING ORDER
2 Laps	<i>Start 1, 2, 3S/3P, 2, 3P, Finish (Behind Committee Boat)</i>
3 Laps	<i>Start 1, 2, 3S/3P, 2, 3S/3P, 2, 3P, Finish (Behind Committee Boat)</i>
4 Laps	<i>Start 1, 2, 3S/3P, 2, 3S/3P, 2, 3S/3P, 2, 3P, Finish (Behind Committee Boat)</i>

RS800	MARK ROUNDING ORDER
2 Laps	<i>Start 1, SM, 4S/4P, 1, SM, 4P, Finish (In-Front of Committee Boat)</i>
3 Laps	<i>Start 1, SM, 4S/4P, 1, SM, 4S/4P, 1, SM, 4P, Finish (In-Front of Committee Boat)</i>
4 Laps	<i>Start 1, SM, 4S/4P, 1, SM, 4S/4P, 1, SM, 4S/4P, 1, SM, 4P, Finish (In-Front of Committee Boat)</i>



Individual marks are to be left to Port.



END OF SAILING INSTRUCTIONS

FURTHER INFORMATION:

There may be significant changes in Government and/or local Government COVID-19 guidance, regulation and operating procedures between the issue date of this document and the event date, we will endeavour to keep competitors informed. We would, however, ask that all competitors and volunteers take action to keep themselves informed of any changes in guidance.

Part of our operational plan is shown below

- a) We will, as an Organising Authority, take a considerate and conservative approach to the racing and the wind strength, sea state and the ability of competitors. This may mean postponements to starts. This is to ensure that we minimise as much as we can the impact on the local community. We will however endeavour to meet the programme as laid out in the Notice of Race.
- b) We have to maintain control of launching/recovery and the dinghy park. There may be special requirements for launching, recovery and the hygiene of boats and equipment, it is the responsibility of every competitor to make themselves aware of those regulations and to follow them.
- c) Competitors and other persons attending in connection with the event should be prepared to provide their own PPE, should Government guidelines change. This may include amongst other items, hand sanitiser and face masks. Please make yourselves aware of the current regulations and guidance.
- d) Social distancing and gatherings should be in accordance with regulations and guidelines, including any mitigation.
- e) The changing facilities onsite will be closed, except for the toilets.
- f) Other catering facilities will be limited, and they only accept payment by credit or debit card.